



**Report of:** Tony Cooke (Chief Officer, Health Partnerships)

**Report to:** Leeds Health and Wellbeing Board

**Date:** 11 December 2019

**Subject:** Connecting the wider partnership work of the Leeds Health and Wellbeing Board

Are specific geographical areas affected? If relevant, name(s) of area(s):	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Are there implications for equality and diversity and cohesion and integration?	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Is the decision eligible for call-In?	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Does the report contain confidential or exempt information? If relevant, access to information procedure rule number: Appendix number:	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No

## Summary of main issues

This report provides a summary of recent activity from workshops and wider system meetings, convened by the Leeds Health and Wellbeing Board (HWB). The report gives an overview of key pieces of work across the Leeds health and care system, including carers, women in Leeds, and the draft Mental Health Strategy.

## Recommendations

The Health and Wellbeing Board is asked to:

- Note the contents of the report.

## 1 Purpose of this report

- 1.1 The purpose of this report is to provide a public account of recent activity from workshops and wider system meetings, convened by the Leeds Health and Wellbeing Board (HWB). It contains an overview of key pieces of work directed by the HWB and led by partners across the Leeds health and care system.

## 2 Background information

- 2.1 Leeds Health and Wellbeing Board provides strategic leadership across the priorities of our Leeds Health and Wellbeing Strategy 2016-2021, which is about how we put in place the best conditions in Leeds for people to live fulfilling lives – a healthy city with high quality services. We want Leeds to be the best city for health and wellbeing. A healthy and caring city for all ages, where people who are the poorest improve their health the fastest. This strategy is our blueprint for how we will achieve that.
- 2.2 National guidance states that: to make a real difference for the people they serve, Health and Wellbeing Boards need to be agents of change<sup>1</sup>. With good governance, the Leeds Health and Wellbeing Board can be a highly effective ‘hub’ and ‘fulcrum’ around which things happen.
- 2.3 This means that the HWB is rightly driving and influencing change outside of the ‘hub’ of public HWB meetings. In Leeds, there is a wealth and diversity of work that contributes to the delivery of the Strategy.
- 2.4 Given the role of HWBs as a ‘fulcrum’ across the partnership, this report provides an overview of key pieces of work of the Leeds health and care partnership, which has been progressed through HWB workshops and wider system events.

## 3 Main issues

### **Leeds Health and Wellbeing Board workshop: Mental health and wellbeing - making it real, making a difference (23 Oct 2019)**

- 3.1 Leeds Health and Wellbeing Board has maintained Mental Health as a priority for a number of years. At this workshop HWB members shaped and influenced work, identified and committed to action to support improvements in mental wellbeing and reduce mental health inequality through a focus on carers, women in Leeds, and the city’s draft Mental Health Strategy.

### **Supporting carers in our health and care workforce**

- 3.2 Building on discussions at Health and Wellbeing Board (16 Sept) on the draft Leeds Carers Partnership Strategy, members wanted to really challenge the health and care system to address longstanding issues and hold each other to account in creating a cultural change that ensures carers are supported to remain a valued part of our workforce, alongside their caring role.

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<sup>1</sup> *Making an impact through good governance – a practical guide for Health and Wellbeing Boards*, Local Government Association (October 2014)

3.3 Val Hewison (Chief Executive, Carers Leeds) and Ian Brooke-Mawson (Leeds City Council) led and facilitated a powerful discussion on carers as a fundamental part of 'Team Leeds' and a vital part of our workforce beginning with the experiences of carers currently and where we can go further. Through discussions it was agreed to progress the following actions:

- Anchors Healthy Workplace work-stream to conduct a carers policy review creating consistency between policies, procedures, and managers interpretation of those policies.
- Anchors Healthy Workplace work-stream to learn from partners and create a good practice guide to influence and improve standards of supporting working carers.
- Strengthen connections with the work occurring at West Yorkshire & Harrogate ICS level around carers.
- Promote the carers newsletter throughout health and care organisations.
- Leeds Health and Care Academy works to offer training for carers to care safely.
- Leeds Health and Care Academy works to offer training to help all staff understand issues and support carers.
- Ensuring that the work is connected into the ambitions for a Women Friendly Leeds recognising that women are disproportionately impacted by caring responsibilities.

### Creating a Women Friendly Leeds

3.4 Leeds is the first city in the UK to produce a comprehensive picture of life, health and wellbeing for women and girls known as the *State of Women's Health in Leeds Report*. After supporting the report in June 2019, the Health and Wellbeing Board highlighted the importance of shaping improvements that the city and health and care system can make for women in Leeds. Tim Taylor (LCC), Jeanette Morris-Boam (Women's Lives Leeds), Nik Peasgood (Leeds Women's Aid), Flavia Docherty (Getaway Girls) and Prof. Alan White led the discussion at the workshop where the Health and Wellbeing Board welcomed Leeds becoming UK's First Women Friendly City and recognised it as a great opportunity to build on this work.

3.5 Through discussions it was agreed to progress the following actions:

- For the Women Friendly Leeds initiative to be an opportunity to showcase and celebrate nationally and internationally the Leeds approach.
- Further build on our offer of support for young women and girls who self-harm and/or have other mental health problems.

- Strengthen connections with carers, particularly, young adult carers (aged 16-25).
- Greater focus on safety and (sexual) violence.
- Ensure women and girls are at the heart of every decision – mirroring Child Friendly Leeds.
- Ask women what’s important and focus on empowering women to have a voice and influence decisions.
- Strengthen links with women in paid caring roles on the front line of health and care services.
- Focus on creating a city where women feel safe linking together the Safer Leeds Community Safety Strategy to Climate Emergency (e.g. using public transport), Leeds Health and Wellbeing Strategy, Get Set Leeds and active travel (e.g. women feeling safe to use public spaces, etc.).
- For Leeds to challenge ourselves on how we commission and deliver our services that reflect gendered health and other characteristics.
- For Leeds to be a Women Friendly City, this means working for greater gender equality and creating a culture shift around men as carers, their role within the family, community and workplace for Future Generations. This needs to be reflected in the language and proposals within the initiative and linked to the State of Men’s Health Report with an update at a future HWB.

### **Draft Leeds Mental Health Strategy**

- 3.6 As highlighted earlier, the Health and Wellbeing Board has maintained Mental Health as a priority of its work for a number of years. The Leeds Mental Health Strategy and our vision that “Leeds will be a mentally healthy city for everyone” was first discussed at HWB in April 2019. At the workshop members considered the latest draft version and designing a system with diverse services but a shared culture to make Leeds a mentally healthy city where people can get early help, help to maintain/access employment and support in crisis too.
- 3.7 Through discussions it was agreed for the draft Mental Health Strategy to be updated to reflect the following:
- Greater focus on physical activity as a means of prevention, early intervention and treatment of mental health and wellbeing aligned to our ambition to create a social movement around physical activity (e.g. Get Set Leeds).
  - Ensuring that priorities relating to employment and early intervention includes how we can better support people claiming employment and support allowance in Leeds; the majority of whom have anxiety and/or depression and MSK.

- Greater focus on how we can support people with physical long term conditions to stay mentally healthy, Priority Neighbourhoods and areas experiencing the highest levels of deprivation and Housing.
- Further build on the importance of parental mental health through 'Think Family', early support to young people and working across the whole life-course with an intergenerational approach.
- Strengthen connections with work occurring through the West Yorkshire & Harrogate Partnership and how the health and care system in Leeds will commission differently to support our ambitions and improve system flow.
- For the strategy to represent and celebrate what Leeds is already doing well.
- Greater focus on how Leeds will support the mental health and wellbeing of the health and care workforce, particularly by taking an early intervention approach to anxiety and depression.

## **4 Health and Wellbeing Board governance**

### **4.1 Consultation, engagement and hearing citizen voice**

4.1.1 Health and Wellbeing Board has made it a city-wide expectation to involve people in the design and delivery of strategies and services. A key component of the development and delivery of each of the pieces of work for workshops other sessions is ensuring that consultation, engagement and hearing citizen voice is occurring.

### **4.2 Equality and diversity / cohesion and integration**

4.2.1 Each of the pieces of work highlighted in this report, through the strategic direction of the Health and Wellbeing Board, is aligned to priorities of our Leeds Health and Wellbeing Strategy 2016-2021 and our vision of Leeds being a healthy and caring city for all ages, where people who are the poorest improve their health the fastest.

4.2.2 Any future changes in service provision arising from work will be subject to governance processes within organisations to support equality and diversity.

### **4.3 Resources and value for money**

4.3.1 Each piece of work highlighted in this report evidences how the Leeds health and care system is working collectively with the aim of spending the Leeds £ wisely under the strategic leadership of the HWB. The volume of partnership working is testament to the approach taken – sharing or integrating resources, focusing on outcomes and seeking value for money as part of its long term commitment to financial sustainability.

### **4.4 Legal Implications, access to information and call in**

4.4.1 There are no legal, access to information or call in implications arising from this report.

## 4.5 **Risk management**

- 4.5.1 Risks relating to each piece of work highlighted is managed by relevant organisations and boards/groups as part of their risk management procedures.

## 5 **Conclusions**

5.1 In Leeds, there is a wealth and diversity of work and initiatives that contribute to the delivery of the Leeds Health and Wellbeing Strategy 2016-2021 which is a challenge to capture through public HWB alone. This report provides an overview of key pieces of work of the Leeds health and care system, which has been progressed through HWB workshops and other sessions with members.

5.2 Each piece of work highlights the progress being made in the system to deliver against some of our priorities and our vision of Leeds being a healthy and caring city for all ages, where people who are the poorest improve their health the fastest. Key to this going forward is continuing to strengthen our alignment with the Leeds Inclusive Growth Strategy. Work will be undertaken to extend the Health and Wellbeing Strategy from 2021 to 2023 to enable this.

## 6 **Recommendations**

The Health and Wellbeing Board is asked to:

- Note the contents of the report.

## 7 **Background documents**

7.1 None.

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**How does this help reduce health inequalities in Leeds?**

Each of the pieces of work highlighted in this report, through the strategic direction of the Health and Wellbeing Board, is aligned to priorities of our Leeds Health and Wellbeing Strategy 2016-2021 and our vision of Leeds being a healthy and caring city for all ages, where people who are the poorest improve their health the fastest.

**How does this help create a high quality health and care system?**

National guidance states that: to make a real difference for the people they serve, Health and Wellbeing Boards need to be agents of change. The Leeds Health and Wellbeing Board is rightly driving and influencing change outside of the ‘hub’ of public HWB meetings to ensure that the wealth and diversity of work in Leeds contributes to the delivery of the Strategy. The Board is clear in its leadership role in the city and the system, with clear oversight of issues for the health and care system.

**How does this help to have a financially sustainable health and care system?**

Each of the pieces of work highlighted in this report evidences how the Leeds health and care system are working collectively with the aim of spending the Leeds £ wisely under the strategic leadership of the HWB. The volume of partnership working is testament to the approach taken – sharing or integrating resources, focusing on outcomes and seeking value for money as part of its long term commitment to financial sustainability.

**Future challenges or opportunities**

In the wealth and diversity of work there is an ongoing opportunity and challenge to ensure that the Board, through its strategic leadership role, contributes to the delivery of the Strategy in a coordinated and joined up way that hears the voices of our citizens and workforce.

<b>Priorities of the Leeds Health and Wellbeing Strategy 2016-21</b>	
A Child Friendly City and the best start in life	X
An Age Friendly City where people age well	X
Strong, engaged and well-connected communities	X
Housing and the environment enable all people of Leeds to be healthy	X
A strong economy with quality, local jobs	X
Get more people, more physically active, more often	X
Maximise the benefits of information and technology	X
A stronger focus on prevention	X
Support self-care, with more people managing their own conditions	X
Promote mental and physical health equally	X
A valued, well trained and supported workforce	X
The best care, in the right place, at the right time	X